

BREAK FREE CHARITABLE TRUST & INTERNATIONAL SERVICE TRIPS

WHO IS VOLUNTEER BUILD?



The Break Free Charitable Trust

Established in 2017, the Trust is a NZ registered charity reliant on donations. It aims to alleviate poverty, hunger, and sickness by providing food, clothing, and shelter to the poor, as well as providing education and training on global poverty issues and steps to alleviate them.

The Trust helps New Zealanders in need, by supplying food, clothing, and disaster relief, such as after Tropical Cyclone Gabrielle in 2023. It also offers education and leadership training, including hands-on experiences through Volunteer Build where those learnings are put into action.

To donate to Break Free Charitable Trust

ANZ account: 01-0815-0116178-00
Reference: Your Name
Email admin@breakfreetrust.org.nz
with details of your donation for NZ tax receipting purposes.

Thank you so much for your support!



International Service Trips for Schools, Businesses and Special Interest Groups

Volunteer Build offers fully escorted turnkey trips for schools, businesses and special interest groups, focusing on global poverty, team building, leadership, and cross-cultural interaction, with clear project deliverables.

We provide all transport, accommodation, airfares, travel insurance, emergency planning, and pre-trip briefings on safety, vaccinations, and cultural expectations.

Contact us today for an unforgettable group experience!



Karen Churchward

Director of Events & Communications, Hutt International Boys School, Upper Hutt

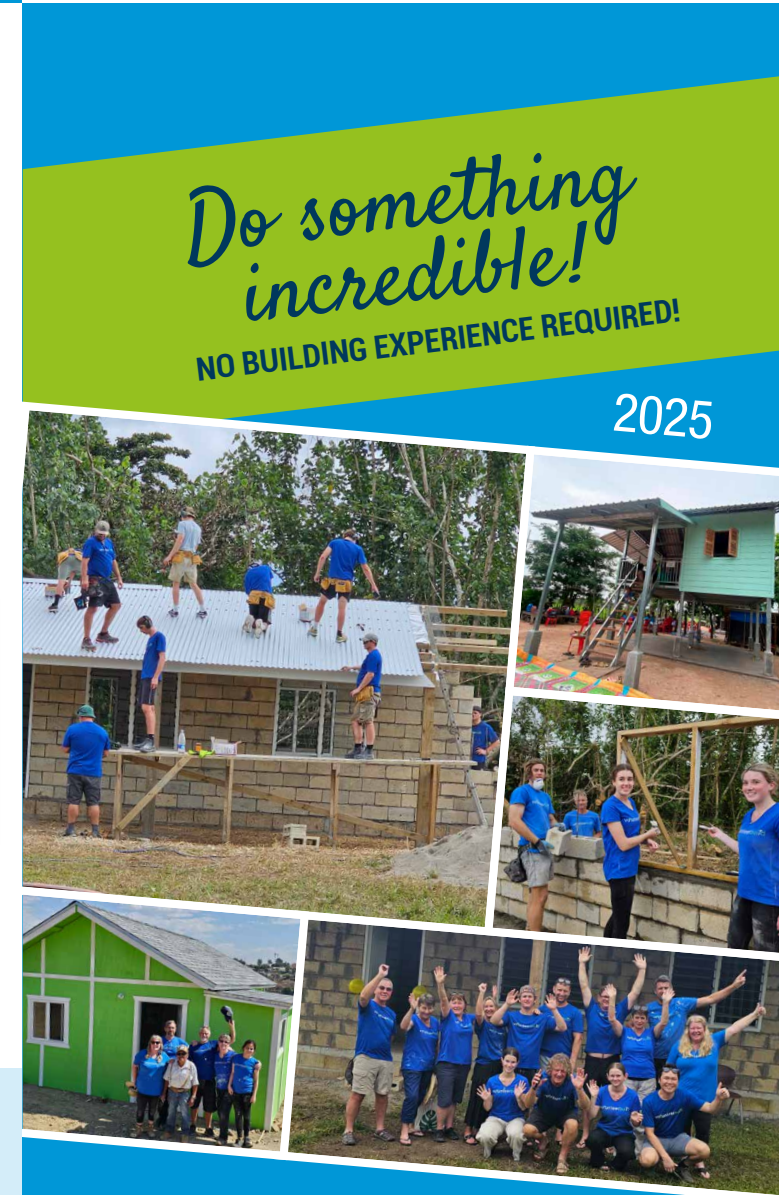
Working with Break Free Expeditions has enabled the HIBS International Service team to concentrate on raising funds while Break Free ably take care of the organisation to ensure we are well looked after while in Mexico and all safety measures are in place.

Volunteer Build is the trading name of Break Free Expeditions Ltd and has been operating 17 years. Volunteer Build partners with local communities to give them what they need and want to build better futures for their people. Teams are led by a combination of Volunteer Build staff and local hosts and building foremen.

No prior building experience is required before trips which are suitable for individual travellers, couples, families (well behaved children from 10 years welcome) and mature travellers up to 75 years. Volunteer Build's comprehensive travel insurance is compulsory on our builds.

Joining one of our Volunteer Build teams is as easy as 1 – 2 – 3

1. Choose your trip
2. Register at www.volunteerbuild.com
3. Once accepted, we'll send you everything you need to know to get ready including information on travel documentation, vaccinations, travel insurance, building site safety, things to bring, great fundraising ideas and more.



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Phone: 021 2777 019 Email: info@volunteerbuild.com
Website: www.volunteerbuild.com Instagram: [@volunteer.build](https://www.instagram.com/volunteer.build)
Facebook: www.facebook.com/volunteerbuild



CAMBODIA

MEXICO

VANUATU

2025 MEXICO

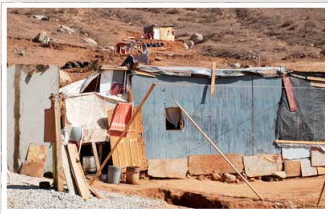
Building Homes and Lives

In Mexico, we will spend 3 days building a home for a family in need in the colonias of Tijuana as well as participating in community outreach activities such as delivering personal care packs to a local prison, feeding the homeless or volunteering at a local school. At the end of the trip, team members have the option to extend their stay (at own cost) to fly to Cabo San Lucas for some post build R & R and/or to assist another organisation with community outreach (food distribution, maintenance and beach cleanups).

TRIP CODE	MX2025
TRIP DURATION	7 days
DEPARTS AUCKLAND	Saturday 27 September 2025
FINISHES CABO SAN LUCAS	Friday 3 October 2025
TRIP COST *	NZ\$2,000
BUILDING CONTRIBUTION **	NZ\$1,000
APPROXIMATE AIRFARES	NZ\$1,600
ESTIMATED TOTAL COST	NZ\$4,600

* Trip cost includes 6 nights twin share accommodation in hotels and apartments, 6 breakfasts, 3 lunches, road transfer from LAX/San Diego to Tijuana, ground transport in Tijuana, local hosting. Costs subject to change with any supplier increase and exchange rate fluctuations. Attendees are also responsible for airfare costs, travel insurance, meals not specified, Mexico and USA tourist visa fees, any vaccinations, Cabo post build R & R, and any other optional excursions.

** Building contributions are paid to Break Free Charitable Trust who will issue a tax receipt. NZ tax residents may qualify for a tax credit for this donation.



Art Green Reality TV Star 2018 House Building Mexico Trip

I wanted to have an adventure and to make a meaningful change to the lives of some people less fortunate than myself. Over the course of three days we built a house for a family of 7, who before were living in a one room make-shift shack. Seeing the smiles and tears of joy on the family member's faces when we handed over the keys was a truly humbling moment. I couldn't recommend this experience more highly!



2025 VANUATU

Building School Classrooms

In Vanuatu we will build another classroom for V2 Life School, located just outside of Port Vila. The school roll is growing quickly, so more classrooms are needed. This school provides quality education to local students, some of whom may not qualify for a range of reasons for state funded schooling.

TRIP CODE	VN2025
TRIP DURATION	10 days
DEPARTS AUCKLAND	Saturday 31 May 2025
ARRIVES NEW ZEALAND	Monday 9 June 2025
TRIP COST *	NZ\$2,000
BUILDING CONTRIBUTION **	NZ\$1,000
AIRFARE FROM	NZ\$800
ESTIMATED TOTAL COST	NZ\$3,800

* Trip costs include share twin accommodation at a local resort, ground transport, lunch, water and fruit on building days. Attendees are also responsible for airfare costs, travel insurance, meals not specified, any vaccinations required and optional excursions.

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2025 CAMBODIA & VIETNAM

Building Families Homes

In Cambodia we join with VBC to build a home for a family in need. VBC supports families in their journey to a better life, through the provision of housing, safe water, sanitation and education for children.

Join the team for just the build or continue on to Vietnam for some optional R & R the week after. The choice is yours!

TRIP CODE	CB2025
TRIP DURATION	9 days
DEPARTS AUCKLAND	Thursday 14 August 2025
ARRIVES NEW ZEALAND	Friday 22 August 2025
TRIP COST *	NZ\$1,500
BUILDING CONTRIBUTION **	NZ\$1,000
AIRFARE FROM	NZ\$2,000
ESTIMATED TOTAL COST	NZ\$4,500

* Includes ground transportation, twin share hotel room, daily breakfast, entrance to Tuol Sleng Prison and the Killing Fields, hosting fees. Single rooms available at additional cost. Optional excursions (additional cost) include visiting one of the 9 man-made wonders of the world Angkor Wat. Costs are subject to change with any supplier increase and exchange rate fluctuations. Attendees are also responsible for airfare costs, travel insurance, meals not specified, any tourist visa fees, vaccinations, Vietnam optional add on and other optional excursions.

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Vietnam Add On Package - from \$1,200

Join us for 9 days in Vietnam. Explore optional delights of Hanoi (cooking classes, Train Street, cyclo or Jeep tours) and an overnight Halong Bay junk cruise before heading to Da Nang and Hoi An with option to visit Golden Hand Bridge and Ba Na Hills. A visit to Cu Chi Tunnels in Ho Chi Min is a must before flying home.

