

# BREAK FREE CHARITABLE TRUST

The Break Free Charitable Trust is a NZ registered charity and was set up in 2017. The purpose of the Trust is the relief of poverty, hunger, and sickness including the provision of food, clothing and shelter to the poor, and to educate and provide training and leadership for students and the public about issues of world poverty and the steps that can be taken to alleviate those issues.



Since its establishment, Break Free Charitable Trust has supplied financial assistance to those in need in New Zealand including funding the provision of food and clothing to the needy, and helping those affected by natural disasters including Tropical Cyclone Gabrielle in 2023.

The Trust has also undertaken education and leadership training for many New Zealand students and the public around the issues of world poverty including providing hands-on experiences through Volunteer Build where they can put their learnings into action.

The Trust relies on donations from the public to help achieve its charitable purposes. Donations are welcomed and can be made to the Break Free Charitable Trust ANZ account: 01-0815-0116178-00. Please email [admin@breakfreetrust.org.nz](mailto:admin@breakfreetrust.org.nz) with details of your donation for tax receipting purposes. Thank you so much for your support!

To find out more about the Break Free Charitable Trust please email [admin@breakfreetrust.org.nz](mailto:admin@breakfreetrust.org.nz) or visit the NZ Charities register.



# WHO IS VOLUNTEER BUILD?

Volunteer Build is the trading name of Break Free Expeditions Ltd and has been operating 16 years and partners with local communities to give them what they need and want to build better futures for their people. Teams are led by a combination of Volunteer Build staff and local hosts and building foremen.

No prior building experience is required before trips which are suitable for individual travellers, couples, families (well behaved children from 10 years welcome) and mature travellers up to 79 years. Volunteer Build's comprehensive travel insurance is compulsory on our builds.

Joining one of our Volunteer Build teams is as easy as 1 – 2 – 3

1. Choose your trip
2. Register at [www.volunteerbuild.com](http://www.volunteerbuild.com)
3. Once accepted, we'll send you everything you need to know to get ready including information on travel documentation, vaccinations, travel insurance, building site safety, things to bring, great fundraising ideas and more.



*Do something incredible!*  
NO BUILDING EXPERIENCE REQUIRED!

2024



MEXICO

VANUATU

# 2024 MEXICO

## Building Homes and Lives

In Mexico, we'll spend 3 days building a home for a family in need in the colonias of Tijuana before flying down to Cabo San Lucas to assist another organisation with community outreach (food distribution, maintenance and beach cleanups).

TRIP CODE	MX2024
TRIP DURATION	10 days
DEPARTS AUCKLAND	Saturday 28 September 2024
FINISHES CABO SAN LUCAS	Monday 7 October 2024
TRIP COST *	NZ\$3,450
APPROXIMATE AIRFARES	NZ\$2,000
ESTIMATED TOTAL COST	NZ\$5,450

\* Trip cost includes \$1,000 building materials contribution, 9 nights twin share accommodation in hotels and apartments, 6 breakfasts, 3 lunches, road transfer from LAX to Tijuana, ground transport in Tijuana and Cabo San Lucas, local hosting. Costs subject to change with any supplier increase and exchange rate fluctuations. Attendees are also responsible for airfare costs, travel insurance, meals not specified, Mexico & USA tourist visa fees, any vaccinations and optional excursions.



### Art Green

Reality TV Star  
2018 House Building Mexico Trip

I wanted to have an adventure and to make a meaningful change to the lives of some people less fortunate than myself. Over the course of three days we built a house for a family of 7, who before were living in a one room make-shift shack. Seeing the smiles and tears of joy on the family member's faces when we handed over the keys was a truly humbling moment. I couldn't recommend this experience more highly!



# 2024 VANUATU

## Building School Classrooms

In Vanuatu we will build another classroom for V2 Life School, located just outside of Port Vila. The school roll is growing quickly, so more classrooms are needed. This school provides quality education to local students, some of whom may not qualify for a range of reasons for state funded schooling.

TRIP CODE	VN2024
TRIP DURATION	8 days
DEPARTS AUCKLAND	Tuesday 13 August 2024
ARRIVES NEW ZEALAND	Monday 19 August 2024
TRIP COST *	NZ\$3,000
AIRFARE FROM	NZ\$850
ESTIMATED TOTAL COST	NZ\$3,850

\* Trip costs includes \$1,000 building materials contribution, share twin accommodation at a local resort, ground transport, lunch, water and fruit on building days. Attendees are also responsible for airfare costs, travel insurance, meals not specified, any vaccinations required and optional excursions.



# INTERNATIONAL SERVICE TRIPS

## for Schools, Businesses & Special Interest Groups

Volunteer Build also provides private fully escorted turnkey trips for schools, business and special interest groups addressing the issues around global poverty, team building & personal leadership skills development, cross cultural awareness and interaction, with clear deliverables at the end of each project. All transport, accommodation, airfares, travel insurance, emergency and RAMS planning is supplied as well as comprehensive pre-trip briefings covering what to bring, building site safety, vaccination requirements, managing expectations, culture shock etc. Contact us today to see how we can assist your group with an unforgettable experience!



### Karen Churchward

Director of Events & Communications  
Hutt International Boys School, Upper Hutt

International Service provides a great opportunity to instil in young people the understanding that each of us has a responsibility to help others. Students can experience first-hand the effect service and assistance can have on those less fortunate than themselves; they get to demonstrate the qualities of care, compassion, generosity and humility in an international context. Working with Break Free Expeditions has enabled the HIBS International Service team to concentrate on raising funds while Break Free ably take care of the organisation to ensure we are well looked after while in Mexico and all safety measures are in place.